

Important Update Please Read First



Thank you for your interest in OK-Cal, the only weight loss software available today that lets you eat your favorite foods and still lose weight.

We apologize for the inconvenience. The software directory you have attempted to download OK-Cal from has not updated their information, and OK-Cal is no longer available for free.

OK-Cal can be found at select health clubs, and vitamin shops, please ask your local providers to see if they carry OK-Cal.

OK-Cal can also be instantly downloaded with the [Wing-It-Weight-Loss](#) system.

[Click here](#) for more details.



Here are a couple success stories from using the [Wing It Weight Loss](#) system.

